



SAFIR
ARDEHAL
PUBLICATION

Rights Catalog

———— Fall 2025 ————



S A F I R
A R D E H A L
P U B L I C A T I O N

About

It was founded in November of 2006 with the efforts of Seyed Hossein Abedini and was introduced to the publishing industry of Iran. He placed the publishing approach on the production of resources related to traditional medicine and history and textual research using manuscripts. Publishing books on nutrition and complementary medicine are also considered to be other books that have been discussed more.

Literary novels and sacred defense, religious poems and studies in the field of religion, sports, political, scientific written works, and works related to children and teenagers, as well as Persian tazkires, collections of medicine and treatment in ancient times, history of medicine in Iranian Islamic civilization, men's studies, history of science and civilization of the Islamic period, travelogues, essays on Islamic heritage, each of which has been published in several titles, are in the list of printed books of these publications.

During its 15 years of operation, Safirardhal publishing house has been able to publish 162 translation titles, 1013 authorship titles, 194 reprint titles, 1000 first edition titles and a total of more than 1170 book titles in various fields. (six volumes), the comprehensive translation of Al-Sanaa al-Tabiyyah (30 volumes), the collection of Aghili Khorasani's works (fourteen volumes), the interpretation of the verses of the Holy Qur'an from the perspective



of Persian-speaking poets (two volumes of Rahli), the translation of the Sahih Seerah of the Great Prophet (Eighteen volumes), the treasure of free and foreign wrestling techniques, the encyclopedia of Nazheh al-Qulob (full text in two volumes), the education and history of Khat Siyaq (two volumes), Iran's lore, the name of the end (the most important book of the religion of Ahl al-Haq), the codes of preservation and health, 365 Roz Hamgam with Iranian vegetarian food is considered to be one of the most popular titles of these publications, which have been honored as important and important sources in various festivals such as Year Book, Chapter Book, and Field Book.

In 2013 (the 27th Tehran International Book Fair), Safirardhal Publications was announced as the selected publisher of the special section and in 2017 (at the 31st Tehran International Book Fair) as the selected publisher of the year. These successes are part of the pride of the publication record. Choosing the best booth in the 27th Tehran International Book Fair in 2016 is also one of the other cases.

Collaboration in the publishing of joint books with several research and cultural centers, including the library of the Islamic Parliament, the Research Institute of Humanities and Cultural Studies, the Institute of Written Heritage, Niloberg Publishing House, University of Tehran, Eco Cultural Institute, Malek Museum and Library are other publishing activities.

Making an agreement and obtaining and publishing several works (copyright) from Chinese publishers in the field of history and culture of the aforementioned country is considered one of the new and defensible works of this publishing house in the international field.

In a new approach, obtaining a publishing license (copyright)

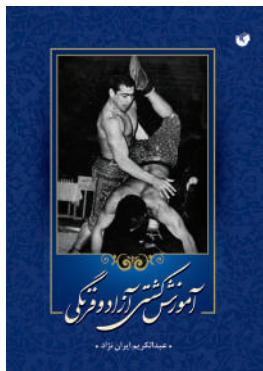


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for children's books from reputable foreign publishers is on the agenda of these publications, and a nine-volume collection from a large German publisher started this way. The introduction of authentic books and the source of this publication to the global market is also done by authentic literary agencies; Also, the joint cooperation of this publication with Renmin University of China has been carried out to complete the resources of traditional medicine by producing and publishing several book titles. Safirardhal Publications is proud to make a valuable contribution in accompanying prestigious professors and introducing great works to the publishing community, and to take a small step in uplifting Iranian culture.



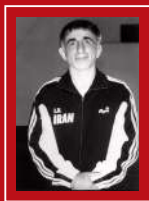
SAFIR
ARDEHAL
PUBLICATION



- Abdolkarim Iraninejad
- Pages: 480
- ISBN: 9786003136434
- Print: 2018
- Size: 165×245 mm
- ALL RIGHTS AVAILABLE

Freestyle and Greco-Roman Wrestling

Wrestling is one of the oldest and most widespread sports in the world and probably originated in prehistoric times by changing the form of hand-to-hand combat and replacing death or severe injury with a symbolic victory. The upcoming book is the result of years of experience gathering knowledge and study of the author of the book under the title of wrestler and coach next to the wrestling mat, and with a simple method, it provides the training of the basic and basic concepts of freestyle and freestyle wrestling, as well as parts of advanced training. In fact, the author has tried to make the contents of the book usable for both beginners and to provide more information for those who want to follow this sport professionally. Because it will be very useful to know the words and names of techniques in international language and their translation in local language.



**Abdolkarim
Iraninejad**

He was born in 1949 in Khorramabad. He studied elementary and high school in Shah Abbas, Shapur, and Amirkabir schools, and after completing his undergraduate education, he has served during thirty-year period with having some responsibilities include: Industrial health, oral health, mental health, non-epidemic diseases, communicable diseases, and nursing services provided valuable services to his community. Iran-Nejad had a keen interest in wrestling during his young period, under the supervision of the deceased professor Ahmad Rezai, a founder of the sport of Wrestling in a new method in Khorramabad - Learned the Freestyle and Greco-Roman Wrestling's techniques. In weights of (48, 52, 57, 63, and 69) Kg among youth, students, college students, and ringmasters of the country during several years, he gained the first and third places in a country's level, and achieved the world fourth place in Hungary. After spending academic periods of preceptorship, under the supervision and the auspices of the National Wrestling Federation and the National Olympic Committee, he has also done remarkable work in coaching youth and wrestlers in Khorramabad.



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PUBLICATION



- Farhad Tuloo Kian
- Pages: 127
- ISBN: 9786006068008
- Print: 2010
- Size: 170×235 mm
- ALL RIGHTS AVAILABLE

Gymnasium sports training

(history, culture, manners, place, tools, operations and physical benefits of wrestling sports)

Gymnasium is the sacred ancient sports place of Iranians and the seat of strength and power and the title of a historical place where Iranian wrestlers are trained. The name of the ship is taken from a belt called «Keshti» that Zoroastrians used to tie three times around their waists while praying and wrestlers for wrestlers.

During the Qajar period, the interest in wrestling increased so much that Naser al-Din Shah appointed a person named Sahib al-Dawlah to expand and develop wrestling and spread the competition of wrestlers in different squares of the city. The place where they practice ancient sports is called Gymnasium. Gymnasium rituals were registered in the UNESCO list of spiritual heritage by Iran on November 25, 2009. Gymnasium sports have been introduced as one of the oldest bodybuilding sports in the world.

This valuable resource is a practical collection for training, which is written to standardize how to perform bodyweight exercises and is considered as a reference for competitions, training and correctness of movements. In the writing of the material, the author has discussed its generalities so that it is concise and useful, and in the section of sports operations, he has mentioned more about the correctness of the movements and has also made several references to the stunts of this sport. In the topics related to wrestling etiquette, the opinions of 54 veterans of this sport and elites from all over the country have been used in this field.



**Farhad
Tuloo Kian**

Farhad Tolo Kian is one of the former champions of several sports fields, who started as a sports journalist in 1373 in Resalat newspaper, and in his managerial records, he is the responsible director of Iran Sports newspaper, the technical deputy of the Veterans and Disabled Federation, the head of the wrestling and powerlifting federation and a member of the club's board of directors. The arrow appears. Among his other honors, the following can be mentioned:

- Secretary of the Gymnasium Sports Association of the Iran Wrestling and Gymnasium Federation
- Obtaining 9 first places in the country and one first place in Tehran province in individual arts and ancient sports
- Conducting and performing numerous choruses and accompaniments with Gymnasium «barb»
- Winner of the first prize among 17 countries in the Qatar Traditional Sports Festival
- Obtaining a certificate of sports refereeing
- Secretary of the festival of the best gurus of Iran Zameen
- Head of the national sports team in Dubai and Austria
- The head coach of the Iranian national team in the first Asian Gymnasium sports competition and winning the first place in Asia



SAFIR
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PUBLICATION



- Farhad Tuloo Kian
- pages: 74
- ISBN: 9786003131989
- print: 2014
- size: 165×245 mm
- ALL RIGHTS AVAILABLE

Athletic Moeres in the Gymnasium

It is completely vivid and obvious that the traditional Iranian sport, the Pal eštral sport has plentiful of moeres and manners that have mingled and rooted throughout a context of history during centuries. That etiquette had originated in social culture, civilization, and traditions of our country and subjected to alternations during different periods. These moeres has allocated themselves to a very significant section of the Paleštral culture; unfortunately, they blended in with superstition and innovations during some eras; also some of them obsolesced and unhandes their applicability. These instances have burdened several problems in a path of prosperity, affluence, and development of this sport. Thence, in addition of the important necessities and priorities in a federation besides a revision of technical disciplines of this sport, were a revision and a codification of habitudes (necessities) and prudence (recommendations) in the Gymnasium.



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SAFIR
ARDEHAL
PUBLICATION



- Abolghasem Raygan Tafreshi
- Pages: 736
- ISBN: 9789649194967
- Print: 2013
- Size: 219×295 mm
- ALL RIGHTS AVAILABLE

A Technical Treasure of the Freestyle and the Greco Roman Wrestler

Among total heroic sports in the ancient times, the wrestling has a glorious and peculiar position. Probably, it can be courageously said that the wrestling was an exclusive sport of the Iranian tribes based on its particular feature. Through the social customs and culture, other nations and countries are lesser observed such movements for remedying personality and bodybuilding. According to the book's title, it is a treasure of the Freestyle Wrestler's techniques and expertise, and is one of the most complete and authentic sources for this branch of the Iranian ancient sport. This book has been trained a variety of the Iranian wrestling techniques with rarely pictures through the abundant attention and effort, and a name of each technique is declared due to an exact movement that has performed by the wrestling masters. Incredibly, this book is a precious selection for the whole people who are looking for an accession and investigation on the history of the ancient sports' evolution in the old nations and countries.

“ Humans show their talent and creativity based on the available needs and facilities in the life cycle of each one. Some do worthy and rare things that can be called masterpieces. Mr. Tafreshi, whom I have known for nearly fifty years and who has been one of the teachers in every sense of discipline and understanding in terms of ethics and sports, edited and published his masterpiece after years of hard work. Now, to complete this valuable work, he has prepared an appendix that will be a place of great joy for the wrestling family and the use of wrestlers and coaches.

Seyyed Mohammad Khadim

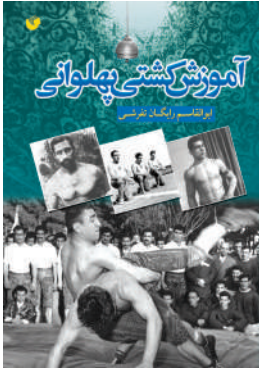


**Abolghasem
Raygan
Tafreshi**

Raygan Tafreshi led the wrestling team in the city of Saveh for five years, and achieved the championship title of Tehran province's club houses. Then, he made the wrestling team of Tehran Sport University as the champion title of Iranian universities, and served for fourteen years as the secretary of the Iranian School Wrestling Association. His report card registers his coaching for the Iranian youth team and winning as the vice-championship of the Asian contest with this team, as well as overseeing the country university's the wrestling championships. Abolghasim Rayegan Tafreshi also carried out valuable research in naming wrestling's techniques. In this book, Tafreshi teaches a variety of special techniques in the Freestyle and Greco-Roman Wrestling using the image of on-going wrestlers.



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- Abolghasem Rayegan Tafreshi
- Pages: 222
- ISBN: 9786006068121
- Print: 2011
- Size: 210×285 mm
- ALL RIGHTS AVAILABLE

Athletic Wrestling training

Usually in Gymnasium in the old days, it was customary that after performing sports and relaxation with the Gymnasium equipment, a number of people would practice and test their strength, and the «old rider» trained them. Wrestling was first done without weights (now it is done with weights) and it was customary to wear special pants for this wrestling.

In the past, to choose a champion, all contenders and champions came to the field, and after various battles and defeating all opponents, the «champion» was chosen. In fact, the ultimate goal of Gymnasium sport was wrestling.

This book consists of two main parts. In the first part of the book, out of respect for the veterans of wrestling, the author introduced the wrestlers of the last fifty years of Iran, and in the second part, he introduced and taught 200 techniques of wrestling in an illustrated and step-by-step manner.



**Abolghasem
Rayegan
Tafreshi**

Rayegan Tafreshi led the wrestling team in the city of Saveh for five years, and achieved the championship title of Tehran province's club houses. Then, he made the wrestling team of Tehran Sport University as the champion title of Iranian universities, and served for fourteen years as the secretary of the Iranian School Wrestling Association. His report card registers his coaching for the Iranian youth team and winning as the vice-championship of the Asian contest with this team, as well as overseeing the country university's wrestling championships. Abolghasim Rayegan Tafreshi also carried out valuable research in naming wrestling's techniques. In this book, Tafreshi teaches a variety of special techniques in the Freestyle and Greco-Roman Wrestling using the image of on-going wrestlers.



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Preceptor training, Gymnasium percussion

In this beautiful, artistic and moral sport, the vertical mentor and its axis is the trainer of the soul and the guide of the sports movements of the wrestlers and athletes. Preceptor is a respectable, constructive, spiritual and artistic personality, without his voice and good percussion, it is not possible to perform the sport of strength and has no grace and attraction. A mentor, whether in terms of music, singing, literature, directing, and sports, must be at a high level of skill to attract and influence athletes and even people in society. This collection is trying to be an introduction for this purpose.

A part of this book includes the theory of percussion instruments, the contents of which are collected from different collections of music theory books. In the other part, the learners will get acquainted with the training of weight reading, which will be necessary to learn and implement different parts of this book. In the third part, the preliminary stages of gymnasium percussion have been taught, in which topics such as: the correct way to sit and take gymnasium percussion, the three zones of gymnasium percussion, preparation of hands, tuning, bell and its application in gymnasium music have been explained. In the last part, gymnasium rhythms with notes are given. It should be noted that the authors of this collection have used a one-line system regarding the system of writing notes and selecting the carrier, because this type of system is also used for percussion instruments in different regions of the world.

- Alireza Saghiri
- Mehdi Tamavoli
- Pages: 112
- ISBN: 9786006068800
- Print: 2011
- Size: 205×285 mm
- ALL RIGHTS AVAILABLE



**A l i r e z a
S a g h i r**

Alireza Saghiri was born in 1973 in Shiraz. In the fields of art, he began to study music and the specialized instrument of percussion with Alireza Kovari and Navid Afog since 1992. Since 2000, it has been working as an official school of percussion. Membership in the committees of teachers, referees and scientific advisors of the Association of Consultants of the country, the refereeing of numerous championship mentoring competitions of the country, the national league and the festival of the best mentors of Iran, is some of his achievement.

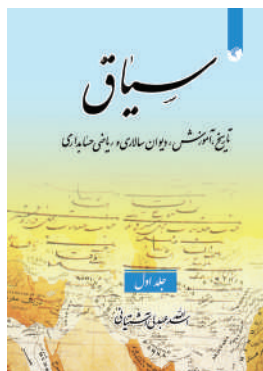


**M e h d i
T a m a v o l i**

Mehdi Tamavoli was born in 1979 in Tehran. Golden prize Percussion and epic reading in the second festival of Iran's top mentors and Golden prize of percussion in the third festival is the result of his scientific approach to the category of mentors. He has won the championship in individual matches of conform and national league in different years, and his other activities include being the secretary of the academic committee and being a member of the judges' committee of the country's mentoring association. Presenting the art of mentoring with the national team in Japan, the second Asian tournament in Nepal, the third edition of the World Cup tournament in Belarus are some of his overseas activities



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PUBLICATION



- Asadollah Abdoli Ashtiani
- ISBN: 9786003134102
- print 2016
- size: 165×245 mm
- pages 1266 (two volume)

A Siyagh

The silk path comprises the cities of Kashqar and Khoten in the province of Sinkiang and Xinjiang in China. It records and registers the whole calculations of the Mostofian and the merchants with the seyagh in the eminent Iranian cultural realm until 1307 SH (Shamsi Hijri). A power of the bureaucracy of the Iranian secretaries, Mostofian, and ministers depends on preserving the Iranian culture based on maintaining the secret and the mystery of the Iranian thought during the two thousand years ago. In this book, with the help of the remained manuscripts and the Seyagh interior framework provides an appropriate situation to familiar with: (history, bureau application, terminology, mechanism of learning and writing of the seyagh accountancy).

The Seyagh numbers and terminologies contain the secret and symbolic numerals within the material and pecuniary accountancy. They are a method of recording the calculations and division of the items into the alphabets and the graphic configurations which is a peculiar wonderful methodology accompanies with the whole technological and professional principles that require an artifice and a wonderwork. The Seyagh is a significant section of the bureaucracy and official history of the Iranian government, which has a widespread and uncontested presence for hundreds according to the remained monuments and documents.

A major section of the documents are grained by this handwriting at least two hundreds of the later Iran, and it considers an essential apparatus of the commercial and official dynasty.



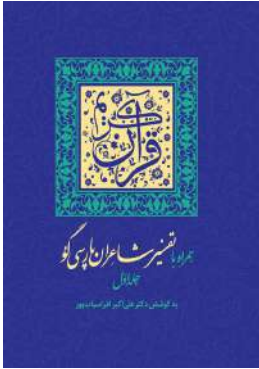
**Asadollah
Abdoli Ashtiani**

Asadollah Abdoli Ashtiani was born in 1967 in Ashtian, he is the son of Ustad Taghi, one of the document scholars in the field of science.

The publication of more than fifteen book volumes and more than forty article titles in scientific and specialized publications, along with lectures in seminars and conferences, is a confirmation of his knowledge in the fields of calligraphy, context, document ology, and document research. He is a member of the Pen and Book Association, and in addition to working in the Iran Collectors Association, he is the advisor of this association and is responsible for the specialized committee of the script, and he also has a valuable collection of historical documents and writings from Ashtian until the end of the Qajar era.



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The Holy Quran

The Holy Quran along with the Commentary of Persian poets is a Reference book on the influence Of the Quran on Persian poetry. The researcher has reviewed More than five hundred divans of Persian-speaking poets (about fifty copies of this number are in manuscript) in different centuries from the countries of Iran, Pakistan, Afghanistan, Tajikistan, India and Anatolia, and for each surah of the

Holy Quran, evidence and He has collected the Quranic hints in the Diwans together

One of the highlights of this work is the presentation of a new translation of the Holy Quran. This translation is very close to the text and it is the best translation for the reader who wants to read the exact

Translation of the Quranic verses without any additions or additions or interpretations. Although it is not literal, it is very close to the text of the Quran. In addition, two or three other translations have been suggested for some verses

- Dr. Ali Akbar Afrasiabpour
- Pages: 1890 (Two Vol.)
- ISBN: 9786003138667
- Print: 2022
- Size: 215×300 mm
- ALL RIGHTS AVAILABLE



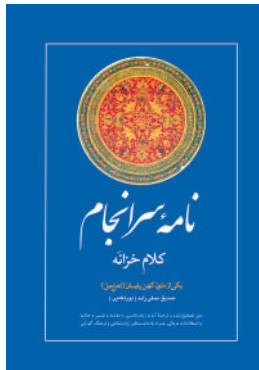
**Dr. Ali Akbar
Afrasiabpour**

Ph.D.: Islamic Mysticism from Tehran Science and Research Unit

1. Member of the faculty of Tarbiat University, Shahid Rajaei
2. Director of the Master's Department of Persian Literature, Department of Literature, Faculty of Human Sciences, Shahid Rajaei University (2013)
3. The editor of the scientific-research journal of Islamic mysticism (2013-1993)
4. The responsible director of the scientific-research journal of Islamic mysticism (2013-1993)
5. Research assistant of the Scientific-Applied Higher Education Institution of Culture and Art (2013)
6. Editor-in-Chief of the specialized magazine in public relations (2013)



SAFIR
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PUBLICATION



- Dr. Sedigh Safizadeh
- Pages: 668
- ISBN: 9786003136724
- Print: 2018
- Size: 165×245 mm

Kalame Khazaneh

Yarsan sect is a collection of the special believes, which is mixed with treasures of old Iranian believes such as: zoroastrainism manism and mazdaki and in 2nd century A.H.has been composed by bahlool mahi(died in219A.H) And his Loreštani fellows. In4thcentury A.H.Shakh-hoshin Loreštani has propagated it among Loreštan population. In8 the century A.H.sultanIshaq Barzenjai, who is the renovator of yarsan set,tried to expand this sect and delegated a number of his fellows to various countries for propagation purpose, In result he established a unique doctrine among all the followers of Ahle Haqsect. One of his important steps was: establishing of yarsan families dependence and duties of pir and Daill,At present timesmajority of yarsans are living in surrounding area of Kermanshah kerand, sahnesh, Bewehnej, mahidasht, Halilan,khanaghin and Halabejah villages. One of the important books of Ahle Haq,is saranjam which is composed in sweat Gorani dialect this book consists of 6 parts as follows:Dawrai Haftawaneh, Barga Barga, Ghehim wa kol, Dawrai Cheltan, DawariAbedin and Khordeh saranjam, of which now are presented to respectable readers along with its translation and review printing and publishing of this book has an important effect in clarifying part of the mišteries of Ahle Haq. For findingand compiling of this text, I had tried too much and had trav-



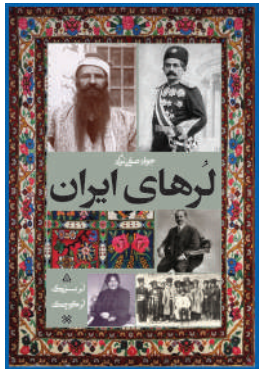
Sedigh Safizadeh

Sedigh Safizadeh was born in 1943 in Zarrineh-ye Varmazyar village (Kurdistan province). He completed elementary school in Takab. He immigrated with his family to Iraq in 1956, and taught Arabic language and literature in Baghdad. He returned to his homeland after graduating of Baghdad University in 1964, and recruited a few years later.

Sedigh Safizadeh continued his studies in jurisprudence and commentary in a presence of Sheikh Mohammed Sheikh al-Islam, and achieved a degree in Ijtihad in Sunni jurisprudence. He also taught Kurdish language and literature at University of Tehran for a while, and acquainted with brilliant figures in field of ancient Persian history and culture such as Ibrahim Poordavood and Bahram Faravashi. He began researching on the grounds of ancient Iranian culture, ancient languages, and religious sects.



SAFIR
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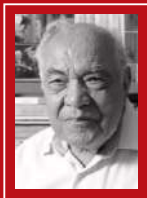


- Javad Safi Nejad
- Pages: 773
- ISBN: 9786003136779
- Print: 2019
- Size: 165×245 mm

A Summary of Lurs

The book, Iranian Lur: Big Lur and Small Lur is a collection of the scattered information, fieldwork, several student's dissertations and scientific activities that has been categorized and shaped in most of the current issues. The motivation for this research was to produce a small textbook with about 100 – 150 pages on understanding Iranian tribal society for social science's students, especially sociology and anthropology's students, because of the massive book of Central Iranian Tribes that was previously published. For this purpose, it was compiled some information beyond the undergraduate students' needs, and it was difficult for students to select chapters or materials from the book. Therefore, we started to write this work after the publication of the book of Central Iranian Tribes in 1989 in order to help the students.

At the beginning of the work, I wanted to make a division of the Iranian tribes and this division was based on the first official information and census of the Iranian tribes during the reign of King Hussein Safavi in 1749 A.D., it was done appropriately and the result of the work was compiled in a book called Royal Curio. In this census, the Iranian tribes are divided into two groups, "Iranian tribes" that have not been mixed with any other clan and the outer tribes that have migrated to other Safavid lands during Kianian dynasty, and brought them to Iran, and

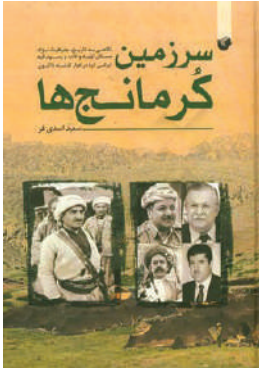


Javad Safinejad

Javad Safinejad was born on August 31, 1929 in Rey. He completed his studies in the town of Rey, and succeeded in obtaining a diploma. In 1953, he was accepted with a degree in history and geography at Tehran University, and in 1957, he received a degree in a BA since he demonstrated the dramatically talent and perseverance at his university. The commitment of his secretary canceled and recruited under the supervision of Dr. Ganji at Tehran Literature University. In 1961, he received his master's degree in social sciences by presenting a thesis on the sacred places of the city of Rey. In 1966, on the occasion of increasing the rural studies, the studies' section was separated, and Safinezhad and his two colleagues under the supervision of Dr. Nader Afshar Naderi founded the Studies and Research Section independently. During these years, the investigatory activities of Professor Safinejad could imply to a series of studies among the Turkmen, Shahsavan, and areas of Kohgiluyeh and Boyerahmad, olericulture, and people who do the Rey market gardening, geographical and historical background in the North of Khorasan, performing numerous monographs, working on the subjects such as aqueduct, bhang, the farming systems, the irrigation systems, and tribal documentations in Iran, which he is very unique expert in the above areas.



SAFIR
ARDEHAL
PUBLICATION



- Saeed Asadifar
 - Pages: 556
 - ISBN: 9786003134782
 - Print: 2017
 - Size: 165×245 mm
- (Looking at the History,
Geography, Race, Primary
Domicile, and Customs of the
Kurdish People in the Past)

A Summary of A Territory of Kurmanjs

Humankind is a curious creature and an energetic seeker. He constantly endeavors to discover the mystery of the universe, and investigate the situations of the ancestors in order to find the facts. An important part of this effort relates to humans' understanding of each other, although they created in the same form and facet of body, in terms of language, expression, customs, how they live, a background of history, race, skin color, thoughts, social beliefs, religious beliefs, food, clothing, government system, and other characteristics of life are very different to each other. Understanding these differences is an essential doctrine for humans. If we have failed to know the people of distant lands for some reasons, at least, we should have the knowledge of the people in our country. In the name of Iran, we should know the different ethnicities such as Lur, Azeri, Turkmen, Kurdish, Baluchi, and Arab that living in our country's extensive geography, and their historical, ethnic, and religious background, customs, dialects, and so on, and know how they live in the past and the present. This book attempts to answer all of the above subject matter in a scholarly manner based on historical evidence and on the basis of the viewpoints of the scholars on the Kurdish people. Thence, it should not be left something vague and unfinished. In some historical and investigatory texts, footnotes are almost as same as the text itself. As a result, the reader is drawn to the margins rather than the original text of the book.



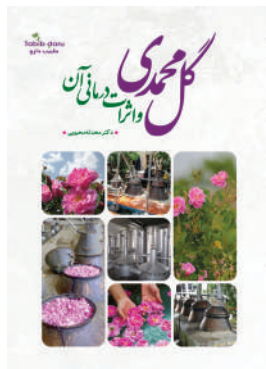
Saeed Asadifar

Colonel Saeed Asadifar was born in Salmas village in 1958. He completed his elementary and secondary education in the city of Urmia, then entered the Officer University. After graduating in military science, he entered the army, and went to the battlefields at the beginning of the imposed war. He wrote more than 200 30-minute radio plays that lay on the antenna, and propagated the radio. He has created valuable works: *Bloody Cliffs of Gharaviz* and *Geryaneh (Book of the Year)*.

He has received numerous awards and honorary diplomas from cultural organizations so far. The *Book of The Land of Kermanjs*, is the result of five years of effort and research by the author in Iran and neighboring countries on the customs, historical, racial, and historical background, a geography of Kurdish areas, the Kurdish celebrities and scholars, and the Kurdish religious and national movement with authentic historical documentation.



SAFIR
ARDEHAL
PUBLICATION



- Dr. Mohaddeseh Mahboubi
- Pages: 226
- ISBN: 978603137332
- Print: 2019
- Size: 165×245 mm

Damask Rose Flower and Its Therapeutic Effects

Today, it has been found that two important properties of damask rose's essential oil, namely the antioxidant and antidepressant effects of essential oil, play an important role in increasing fertility and libido; also, the efficacy of damask rose's essential oil in the treatment of sexual tendency that emanates from depression, and the analgesic and anti-inflammatory effects, and its other products has been demonstrated. In the world's pharmaceutical market, there are many cosmetic and hygienic products containing essential oil or rose water. There are many studies that show that damask rose has a crucial impact on the central nervous system, and has a variety of antidepressant, antiepileptic, and hypnotic effects. Damask rose also has beneficial effects on brain functions; It has also been shown as an adjuvant in the treatment of children with refractory epilepsy that consuming the essential oil of the flower has a determined decrease in the number of epileptic seizures.



**Mohaddeseh
Mahboubi**

She is Ph.D. in Microbiology and has 16 years' experience in pharmaceutical industries. Over these years, she has worked on many industrial projects that they are related to the anti-infective effects of plant materials against bacteria and fungi in vitro and in animal models. Also, she is working on cloning and expressing of bacterial gene in herbal medicine.



SAFIR
ARDEHAL
PUBLICATION



Saffron and Its Therapeutic Effects

Among Iranian pharmaceutical plants, saffron is one of the well-known and old plants in Iran that its Usage has a peculiar position among traditional scientists and medicine men. Today, fortunately, a widespread Section of the world's saffron was cultivated in Iran, but unfortunately, an extensive section of it has packed in other countries, and entered into the universal market by their commercial names and hallmarks. In one side, preserving a position of Iran in producing saffron, on the other side, recognizing its remedial effects, it persuades us to take serious steps in this direction. It is hoped that this book will be the light of way for the Iranian scientists and researchers in order to preserve this national radical in the inside and outside of Iran's worthwhile boundaries.

- Dr. Mohaddeseh Mahboubi
- Pages: 218
- ISBN: 9786003134973
- Print: 2017
- Size: 165×245 mm



**Mohaddeseh
Mahboubi**

She is Ph.D. in Microbiology and has 16 years' experience in pharmaceutical industries. Over these years, she has worked on many industrial projects that they are related to the anti-infective effects of plant materials against bacteria and fungi in vitro and in animal models. Also, she is working on cloning and expressing of bacterial gene in herbal medicine.



SAFIR
ARDEHAL
PUBLICATION



A comprehensive approach to the rose plant

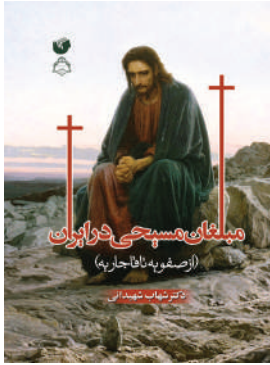
(knowledge, industry, market)

This book is an attempt to create a comprehensive view of the rose. In addition to the empirical aspects, other aspects related to this flower are discussed in detail. The livelihoods of many families in related urban and rural communities are linked to this flower.

- Ph.D. Mohamad Hasan Osare
- Ph.D. Hossein Khasaf Mofrad
- Pages: 428
- ISBN: 9786223191794
- Print: 2024
- size: 170×240 mm
- ALL RIGHTS AVAILABLE



SAFIR
ARDEHAL
PUBLICATION



Christian missionaries in Iran from Safavid to Qajar

The presence of Christian missionaries in the East, which is linked to the nature of evangelization and preaching of Christianity, dates back to the early ages of Christianity. From the Safavid era onwards, their presence and efforts in Iran intensified

- PhD. Shahab Shahidani
- Pages: 456
- ISBN: 9786223191916
- Print: 2024
- size: 170×240 mm
- ALL RIGHTS AVAILABLE



SAFIR
ARDEHAL
PUBLICATION



Health prescriptions

The presence of Christian missionaries in the East, which is linked to the nature of evangelization and preaching of Christianity, dates back to the early ages of Christianity. From the Safavid era onwards, their presence and efforts in Iran intensified

- PhD. Mohamad Azizkhani
- Pages: 380
- ISBN: 9786223192500
- Print: 2025
- size: 170×240 mm
- ALL RIGHTS AVAILABLE



SAFIR
ARDEHAL
PUBLICATION



Breeding, propagation of leech and its therapeutic Applications

Biological characteristics, including reproduction and nutrition and storage conditions of leeches, therapeutic applications of leeches including in medicine and veterinary medicine and conventional methods of leech use, economic importance, geographical distribution especially freshwater. Also the mechanisms of the effect of leech saliva on the body and treatment of diseases. Covering the risks and side effects of leech and the ways to deal with them.

- Dr. Manouchehr Mashhadi Akbar Boujar
- Pages: 361
- ISBN: 9786003134300
- Print: 2017
- Size: 165×245 mm



SAFIR
ARDEHAL
PUBLICATION



- Dr. Hossein Honari
- Pages: 260
- ISBN: 9786003137271
- Print: 2019
- Size: 165×245 mm

A Review of the Morphological and Properties of Some Toxic Plants

Due to the variety of treatment with different plants in varied parts of Iran and different classes of farmers to urban dwellers, familiarity with the fatal and common types of these plants seems very essential. In this regard, in this book, we introduce common and fatal toxic plants in this boundary which include: Azalea, Anthurium, Dumb Cane, Caladium, Heliotropium, Hydrangea, Digitalis Purpurea, Agrostemma Githago, Papaver Rhoeas, Peony or Paeonia, Oleander, Castor Oil Plant, Abrus Precatorius L, Viscum Album, Dianthus L, and Saponaria Officinalis. Lastly, it is hoped that this collective effort, in addition to provide a pathway in order to identify, protect, and warn against the country's toxic herbs, introduce these herbs and their toxic compounds, recent applications, and recent researches on these compounds, in this way, it paves the way for researchers in order to utilize some new applications for these pesticides.



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ARDEHAL
PUBLICATION

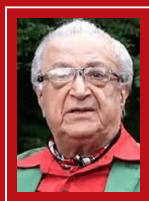


Health is eatable (Nutrition of Medicines)

The present book contains eminent points and practical subject matters, in plain language, and in accordance with the standards of Iranian tablecloth. Preparation of foods from conventional medicines' food, remedial herbs, and all cooking instructions are implemented and consumed personally.

An organic production or healthy food prevailed among affluent countries, and recently, in our coun.

- Prof. Dr. A. Matin
- Page 448
- ISBN: 9786006068718
- print 2017
- Size: 165×245 mm



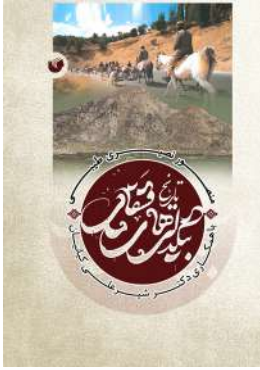
**Prof. Dr.
A. Matin**

Professor Abulhasem Matin was born in 1934, achieved doctorate in chemical plants' nutrition at University of Gttingen, and Earth Sciences at Technical University of Berlin. He received a Professorship at University of Gttingen in Berlin in 1971. He has been a member of the faculty of Tabriz University since 1966.

He has written several impressive books and researches on the proper use of seed, soil, And water, and improving plants and agricultural lands. He was a founder of the current Iranian Environmental Organization. In the field of medicinal herbs and its relation with health, acupuncture, phlebotomy, and other Studies related to nutrition, health, and Islamic medicine (Sinew medicine), more than 40 works of Professor Matin's compilations at Iranian Universities are teaching and studying for many students in the fields of Nutrition science and drug therapy.



SAFIR
ARDEHAL
PUBLICATION



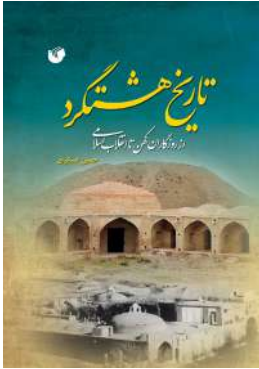
The history of the Qashqai Begdalites

Begdali Qashqais, who are the survivors of the Turkic-speaking Begdali tribe of the Oghuz branch, are today settled in three separate parts between two Qashqai clans. The two clans of Lerbigdali and Turk-Bigdali are from the set of clans of the large Kashkuli clan and Bankui Bigdali in Alamdarlu clan of the six-block clan, among the groups of the aforementioned people. According to the available evidence, all three Begdali Qashqai groups were a branch derived from the Behbahan Begdali branch, which first migrated to the Roštam Mamsani region and then among the Qashqai tribe, and gradually joined other ethnic groups. They have formed separate families and banks for them.

- By Mansour Nasiri Tayibi
- Pages :520
- ISBN: 9786003138988
- print :2021
- Size: 165×245 mm



SAFIR
ARDEHAL
PUBLICATION



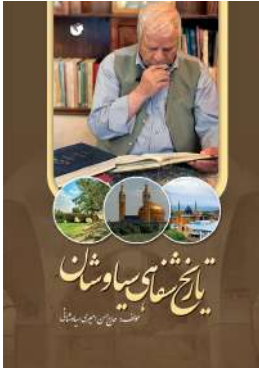
- By Hossein Askari
- Pages: 860
- ISBN: 9786003191305
- Print: 2023
- Size: 165×245 mm

History of Hashtgerd

The approval of 17 December 1998 (the anniversary of the registration of Yingimam's Safavid Caravanserai in the list of Iran's national monuments) as the cultural day of Hashtgerd, the holding of cultural-artistic festivals, the creation of a cultural transition, the holding of memorial rituals and the commemoration of notables, the launch of the Andishhorzi center and the authoring of the Hashtgerd history book, from That is the sentence. In that meeting, I was entrusted with writing the book and drafting the proposed plan for the cultural day. The cultural day was approved with the good opinion of Agha Sheikh Ruhollah Mokhtari (Imam of Juma Sawjablag), and further, the approval of writing the book was approved by all the members of the fifth session of the Hashtgerd Islamic Council.



SAFIR
ARDEHAL
PUBLICATION



- By Hassan Amiri Siavashani
- Pages :492
- ISBN: 9786003190322
- print :2022
- Size: 165×245 mm

Oral history of Siavashan

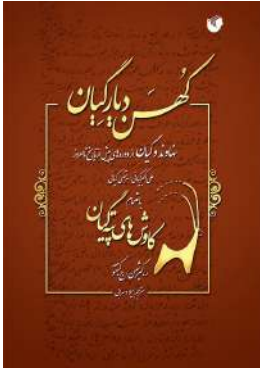
Siavashan people are very attached to their hometown, although many of Siavashan's children are scattered in different places, even outside of Iran, due to the necessity of livelihood and life, but they have always maintained their dependence on their father's house. You rarely find Siavashani who has cut off his relationship with his hometown and its inhabitants; In other words, they have not cut their roots.

Siavashan is a mine of oral history, its people have a special respect and credit for the elders and their predecessors, and physical education has no way in the life and morals of these people.

Its economy is somewhat self-governing and dependent on agriculture and animal husbandry. This kind of life in the said village has caused a kind of lack of need and honesty that is passed from generation to generation.



SAFIR
ARDEHAL
PUBLICATION



- By Ali Akbar Kiani
- Pages:
- ISBN: 9786003139411
- Print:
- Size: 165×245 mm

Gyan

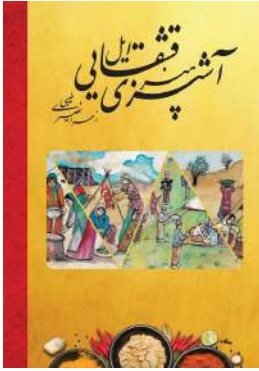
When the Scythians, Assyrians, Spartans and Kimmers used to kill and loot other nations, Iranian civilizations, including civilizations, thoughts and techniques, gave human survival and their status and dignity. . Religious and philosophical ideas, medicine, agriculture, pottery, and metalworking all originated from that time and became popular around the world.

The importance of the 5500 -year -old skeleton, which was discovered in 2011 by Khaksar Archaeological Team and Colleagues, is one of the most important findings of human history due to the connection of the bronze ring between the excess bones and the elbows. That is the sign of unknown medical knowledge of human beings over the past 5,000 years today, which has been named as No. 123. The sequel is discovered, a man of about 35 to 40 years old who, according to his tradition of belief in the post -death world Buried with objects and accessories that are very important in today's world because in Jamshidi, Landra, Kashan, Susa, and in any of the ancient cemeteries discovered from the duodenal of Iran, similar to the connection and connection of a metal piece in the middle of the metal. Body organs have not been observed even around the ancient world, especially in Greece until the fifth century BC, no sign of a prominent culture that indicates the progress of medical knowledge.

Ali Akbar Kyani, known as Molla Ali Akbar - or Ali Akbar poet, (1927-2015) many works, including step-by-step calligraphy Seyagh, a selection of Meccan and Madani surah's of the Holy Qur'an (advice and wisdom) and many poems with different topics .He has left a memory Until now, from his manuscripts, the book Tarikh Gyan - Pushtkoh , Nahavand in social political history People in the time of Qajar, was published and this book is his second work to be published.



SAFIR
ARDEHAL
PUBLICATION



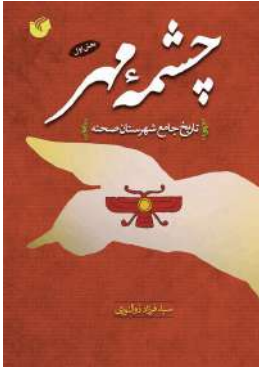
- By: Zahra Nasiri Tayibi
- Pages :158
- ISBN: 9786003190254
- print : 2022
- Size: 165×245 mm

The art of cooking in Qashqai tribe

Qashqai people care a lot about eating healthy and fresh food and try to prepare the best food for their guests and are famous for spreading colorful tables. According to their way of life, the food of the tribe consists of three elements: meat, dairy and wild plants. The meat of animals (sheep and goats), which are mainly produced by the people of the tribe, has a unique quality by grazing in the meadows of the south and the highlands of Zagros. Of course, in the past, in addition to enjoying the meat of wild animals such as deer, whole (farm and wild sheep), mountain goats and birds such as partridge, dull yellow partridge, etc. the quality and taste of their food was given double value. The use of wild vegetables such as thyme, chamomile, oregano, chicory, cockle, etc. greatly increases the taste and aroma of Ili dishes. Of course, we should not forget about their dairies, which, by combining the aforementioned plants, produce unique and natural products such as yogurt, buttermilk, butter, cheese, oil, curd, curd, etc. from their own livestock. In addition, for desserts and appetizers, by combining dairy products, wild vegetables, and local fruits, they make a variety of jajoghs, pickles, and halwa.



SAFFIR
ARDEHAL
PUBLICATION



- By Farzad Zulnouri
- Pages: 710
- ISBN: 9786003136335
- Print: 2018
- Size: 165×245 mm

Mehr spring

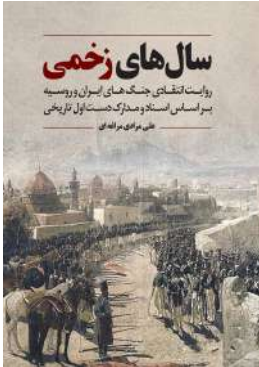
Comprehensive history of Sahne city

“Local history” as a branch of history is great importance in order to identify people’s identity and in connection with national honors; especially in the field of local historiography which is documented, detailed and more detailed.

With local history, patriotic honors and the history of each land are formed. Local histories are like the branches of a stout tree that play a role in the growth and pride of the country and manifest national passion and love. In fact, local histories are an integral part of the main history of any country. On the other hand, every human being is naturally expected and curious to know the identity and historical geography of their ancestors, to know about the status of their ethnic heritage and the glory of their land, to brag about it, and to learn from its events; therefore, studying local history can meet people’s expectations.



SAFIR
ARDEHAL
PUBLICATION



- By Ali Moradi Maraqqei
- Pages: 598
- ISBN: 9786003139473
- Print: 2021
- Size: 165×245 mm

Wounded years

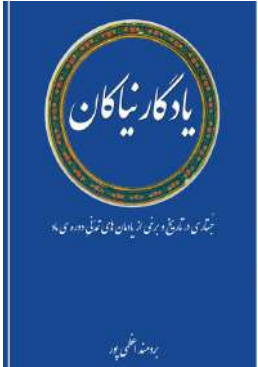
Critical Narrative of Iran -Russia War

Based on the historical first -hand documents

Although the agreements of Turkmanchai and Golestan are the result of the great defeat of the Iranians against the Russians, the efforts of the majority of Iranians in those years should not be ignored. They are looking for the culprits and they are discounting and humiliating the Iranian forces, not only do they ignore their huge achievements and sacrifices, but they also forget that they went to war with the biggest army of that time with empty hands and primitive and old war equipment. It is true that they succumbed to the inevitable fate of defeat, but their defeat was not humiliating but instructive.



SAFIR
ARDEHAL
PUBLICATION



- By Borumand Azamipour
- Pages: 226
- ISBN: 9786003136335
- Print: 2016
- Size: 165×245 mm

Remembrance of the ancestors

This research tries to recognize and introduce tombs attributed to the Median period, with a scientific and research perspective, with a methodical structure and with an interdisciplinary study approach in history. The type of research is descriptive-applied and to some extent analytical, and the method of collecting information is library and field method, which requires presence in different areas to identify, study, and record the location, dimensions, and other features of tombs, as well as photographing them. It is necessary to mention that in this research, the focus was on recognizing and introducing the tombs within the geographical area of Kermanshah province.



SAFIR
ARDEHAL
PUBLICATION



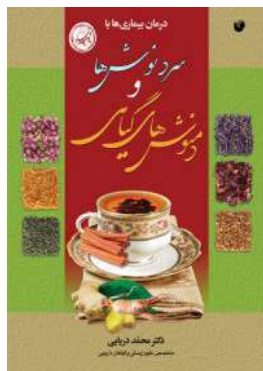
- By Mahsa Karami
- Pages: 181
- ISBN: 978600
- Print: 2023
- Size: 165×245 mm

Cultural behavior of Iranian peoples

In this article, we are trying to take a deeper look at the external aspects of culture that are manifested in the behavior of Iranians. In order to properly understand and understand the contents and to avoid ambiguity in the concepts of words, we presented the definitions and concepts in the first chapter of the book. The main reason for this work is to create a similarity between the author's intention and the audience's perception in order to shape the reader's perceptions according to the writer's purpose. Topics such as culture and its types, civilization, ecosystem, natural geography, communication, etc. have been discussed, and during the explanations, I have used the opinions of scientists and experts in the field of communication, culture and anthropology, and I have tried to provide appropriate scientific and research support according to the topic Show.



SAFIR
ARDEHAL
PUBLICATION



- by: Dr. Muhammad Daryaei An Expert of Life Sciences and Medical Herbs
Introduction by: Dr. Hasan Akbari
- pages: 456
- ISBN: 9786003131156
- print: 2014
- size: 165×245 mm

Therapy of Illnesses with the Help of Herbal Cool-Drinks And Infused-Drinks

Herbal infused-drinks increase the strength of the immune system, strengthen nerves and metabolism, and increase the efficiency of the body's physiology. The herbal infused-drinks as energetic warm beverages are lively and can be used as tonic drugs, without causing side effects like chemical drugs. In European countries, Eastern and Far East countries, China, India, Korea, Egypt, and Turkey, various infused-drinks such as dracocephalum, lemon beebrush, anise, French lavender, and saffron are widely used. In China, there are more than 10,000 kinds of compound and single infused-drinks that are welcomed on the basis of taste, temperament, and harmony with the physiology and nature of individuals, and their healing and therapeutic effects. The infused-drinks can be used as a complementary drink and a tasty beverage, with different ingredients regarding their properties. The therapeutic effects of the herbal infused-drinks and the way they are prepared to strengthen, treat, and prevent diseases, are important points in this exquisite and restorative work of traditional medicine as an original culture that you come to know it. With the important therapeutic recommendations of this valuable collection, you can improve and promote the health of your family and yourself, and be influenced over your society's health.



Dr. Muhammad Daryaei

Dr. Mohammad Daryai was born in Tehran in 1951, and graduated in the field of biology in branch of phytology and herbal medicine at University of Tehran. By receiving an expert degree, he entered a realm of Islamic medicine and traditional medicine which in fact, created an Iranian medicine in 1979. He continued his researches on this basis. His first investigatory book regarding to the causes of the boycott of pork in religion and science's viewpoint was published in 1973. He was good at Arabic and English languages, and consequently, referred to the basic references of traditional medicine's books and Islamic teaching, and gathered his reports from the primary sources. With accurate translation and investigatory analysis into the up-to-date language as well as referring to the foreign references, he has yielded useful works that are valuable to the community. In 2001, he has founded Medicinal Herb Promotion Association with a group of like-minded friends in the Iranian medicine, and trained many enthusiasts on the beneficial sources of Islamic medicine and traditional medicine. He has registered the Restorative Society of Iranian Medicine with the help of other numerous researchers, and also, he was given the chairmanship of this board in 2012. He has also several efforts to expand Islamic-Iranian medicine and therapeutic herbs.



SAFIR
ARDEHAL
PUBLICATION



- By Karam Alirezai
- Pages: 844
- ISBN: 9786003191527
- Print: 2024
- Size: 165×245 mm

History of Dehloran and Abdanan

The plain of Dehloran and the land of Abdanan are among the most significant lands in the prehistoric and historical era of Iran, which have been constantly attacked by western civilizations since the times when human movement appeared in them, and this has caused the main history of this land. It remained hidden in the dark corners of history from the Achaemenid period until the Safavid rule. In this book, an attempt has been made to recognize the ancient history of this land in the light of scientific archaeological research. And in the historical part, which is mainly from the Safavid period onwards, valuable information should be presented to those interested in the history of Iran.

ACQUISITION

List

China



Germany



France



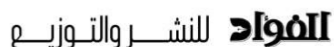
Türkiye



Azerbaijan



Egypt



The study of mohist logic



- Wu Jin, Yang
- Translator: Mohamad nasiri
- ISBN: 978-600-313-771-4

It is by rummaging in the heart of the society and history of the idea as well as its scientific and its purport and nature a series of noble investigations, after Ming Dynasty, especially to the last hundred years, to the point of logic of Mohican. to sum up all the vices and defects of his former investigations it confirms the importance and value of Mohican logic Meanwhile, the possible development of progress, recognition, and the studies of Mohican.

Historical materialism



- Xianda Chen
- Translator: Amir Salehi Taleghani
- ISBN: 978-600-313-297-9

What path should be taken and how to achieve a unique model has always been the main concern of the party members. Socialism that adorns the cultural and social frameworks of the Chinese people. A mixture of the theories of scientific socialism and theories of social development, which also includes the turbulent history of China. The party, together with the people, has taken off its sleeves and raised lanterns to make the life of all Chinese shine bright. And this is our ideal. The great modernization of the Chinese nation.

China's Buddhist culture Fang Li-tian



- Litian Fang
- Translator: Amir Salehi Taleghani
- ISBN: 978-622-319-075-9

In this valuable work, Professor Feng Li Tian emphasized the historical development of Buddhism in China, the writings of the traditions, the basic foundations of systems and procedures related to it, and famous historical and cultural areas on the one hand, and the impact of Buddhism on cultural areas. Like politics, ethics, philosophy, folk customs, and the differences and similarities between Buddhism, Confucianism, and Taoism, on the other hand, it has studied and explained the concepts and characteristics of Chinese Buddhist culture.

Ritual, music and ethos of culture in ancient China



- Peng, Lin
- Translator: Keyvan sepehri
- ISBN: 9786003136946

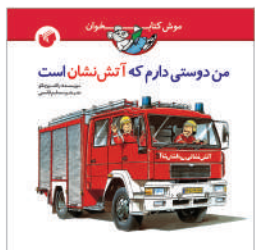
The supply produced an effect of this description, applied to the whole proportion and culture of China from the Evangelist to the music and smells the different traditions, the opportunity for a general acquaintance, the community, the teachers and students of our culture, with the vast old Chinese culture, which puts it in all of the cultural fields and the society is reluctant to compete with an ancient, original, Iranian civilization.

Ich hab einen Freund, der ist Astronaut



- Ralf Butschkow
 - translator: Moslem Qasemi
 - ISBN: 978-3551086280/9786003137455
-

Ich hab einen Freund, der ist Feuerwehrmann



- Ralf Butschkow
- translator: Moslem Qasemi
- ISBN: 978-3551088932/9786003137448

Ich hab einen Freund, der ist Polizist



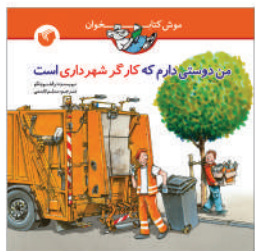
- Ralf Butschkow
 - translator: Mehdi shahshahani
 - ISBN: 978-3551088628/9786003137431
-

Ich hab einen Freund, der ist Imker



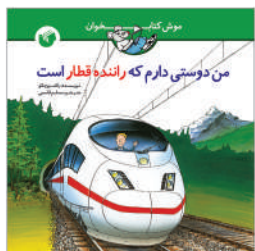
- Ralf Butschkow
- translator: Mehdi shahshahani
- ISBN: 978-3551089212/9786223190162

Ich hab einen Freund, der ist Müllmann



- Ralf Butschkow
 - translator: Moslem Qasemi
 - ISBN: 978-3-551-08906-9/9786003137462
-

Ich hab einen Freund, der ist Lokführer



- Ralf Butschkow
- translator: Moslem Qasemi
- ISBN: 978-3551088482/9786223190155

ERNEST ET CELESTINE VONT PIQUE-NIQUER



- Gabrielle Vincent
 - translator: laya jafarinia
 - ISBN: 9782203550537/9786223190544
-

ERNEST ET CELESTINE CHEZ LE PHOTOGRAPHE



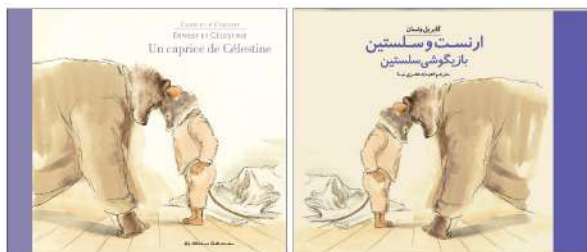
- Gabrielle Vincent
- translator: laya jafarinia
- ISBN: 9782203550544/9786223190537

ERNEST ET CELESTINE LA CHAMBRE DE JOSEPHINE



- Gabrielle Vincent
 - translator: laya jafarinia
 - ISBN: 9782203550605/9786223190711
-

ERNEST ET CELESTINE UN CAPRICE DE CELESTINE



- Gabrielle Vincent
- translator: laya jafarinia
- ISBN: 9782203550773/9786223190704

ERNEST ET CELESTINE AU JOUR LE JOUR



- Gabrielle Vincent
- translator: İlay Jafarova
- ISBN: 9782203550667/ 9786223190728

Günışığı Kitaplığı Yayıncılık



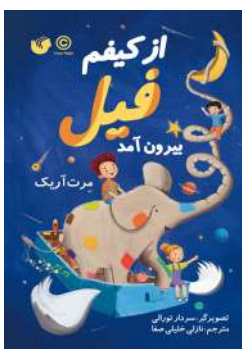
Küçük Bir Yayınevi



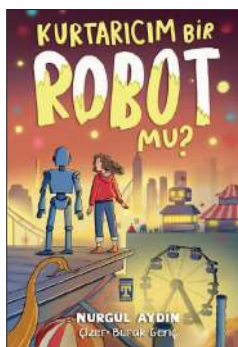
Masal Seramik Evi

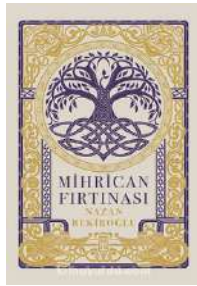
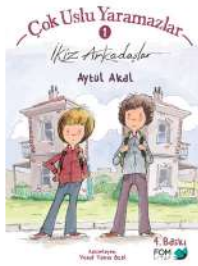


TİMAŞ

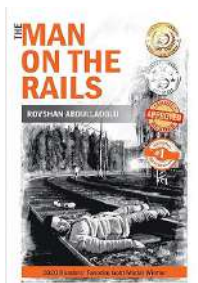


TİMAŞ





By Rovshan Abdullaoglu



By إيهاب الحضري





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| PUBLICATION |

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